

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

Swing & Waltz



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 Coffee & Conversation 11:00 Exercise 11:45 Lunch 2:00 Happy Hour 4:45 Dinner 6:00 Movie and Popcorn- RA led	10:00 Coffee & Conversation 11:45 Lunch 1:30 Bingo 3:00 Word Games & Puzzles 4:45 Dinner 6:00 Movie and Popcorn - RA led
3 RA Led Activities Newspaper Reading -Coffee & Conversation 11:45 Lunch -Movie Matinee 4:45 Dinner	4 Exercise: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Trivia 1:30 Baking in Swing 4:45 Dinner 5:30 Coffee & Conversation	5 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 2:45 Catholic Mass with Father Paul-Community Room 3:30 Music by Gary LaRue-Lobby 4:45 Dinner 5:30 Coffee & Conversation <small>Mardi Gras</small>	6 8:00 Hot Breakfast! 10:00 Coffee & Conversation 10:45 Music with Karen in Swing 11:00 Exercise 11:45 Lunch 1:30 Bingo Social 4:45 Dinner <small>Ash Wednesday</small>	7 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Worship Service with Pastor George 1:30 Movie in Motown Theatre- 4:45 Dinner	8 10:00 Coffee & Conversation 11:00 Exercise 11:45 Lunch 2:00 Happy Hour 4:45 Dinner 6:00 Movie and Popcorn- RA led	9 10:00 Coffee & Conversation 11:45 Lunch 1:30 Movie - Motown Theatre 4:45 Dinner 6:00 Game Time - RA led
10 RA Led Activities Newspaper Reading -Coffee & Conversation 11:45 Lunch -Movie Matinee 4:45 Dinner <small>Daylight Saving Time Begins</small>	11 Exercise: 10:00 Swing 11:00 Waltz 11:45 Lunch 1:00 Memory Care Support Group- Private Dining 1:00 Games 2:30 Music by The Gallery Trio- Lobby 4:45 Dinner	12 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 1:30 Ladies Tea-Comm. Room 3:00 Manicures 4:45 Dinner 5:30 Coffee & Conversation	13 8:00 Hot Breakfast! 10:00 Coffee & Conversation 10:45 Music with Karen in Waltz 11:00 Exercise 11:45 Lunch 1:30 Bingo Social 4:45 Dinner	14 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Worship Service with Pastor George! 2:45 Piano Music by Carol-Lobby 4:45 Dinner	15 10:00 Coffee & Conversation 11:00 Exercise 11:45 Lunch 2:00 St. Patrick's Day Happy Hour Party! 4:45 Dinner 6:00 Movie and Popcorn- RA led	16 10:00 Coffee & Conversation 11:45 Lunch 1:30 Bingo 3:00 Board Games 4:45 Dinner 6:00 Movie & Popcorn - RA Led
17 RA Led Activities Newspaper Reading -Coffee & Conversation 11:45 Lunch -Movie Matinee 4:45 Dinner <small>St. Patrick's Day</small>	18 Exercise: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Arts & Crafts in Swing 2:30 Music by Lady Di-Lobby 4:45 Dinner 5:30 Coffee & Conversation	19 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:00 Catholic Communion- Community Room 11:45 Lunch 1:30 Trivia 2:30 Reminiscing 4:45 Dinner	20 8:00 Hot Breakfast! Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 10:45 Music with Karen in Swing 11:00 Exercise 11:45 Lunch 1:30 Bingo Social 4:45 Dinner <small>Spring Begins</small>	21 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Worship Service with Pastor George! 2:00 Birthday Party with music by Robert Lipscomb! 4:45 Dinner <small>Purim</small>	22 10:00 Coffee & Conversation 11:00 Exercise 11:45 Lunch 2:00 Happy Hour 4:45 Dinner 6:00 Movie and Popcorn- RA led	23 10:00 Coffee & Conversation 11:45 Lunch 1:30 Movie - Motown Theatre 4:45 Dinner 6:00 Game Time - RA led
24 RA Led Activities Newspaper Reading -Coffee & Conversation 11:45 Lunch -Movie Matinee 4:45 Dinner	25 Exercise: 10:00 Swing 11:00 Waltz 11:45 Lunch 1:00 Games in Swing 2:00 Games in Waltz 3:00 Music by Bobby & Christine-Lobby 4:45 Dinner 5:30 Coffee & Conversation	26 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:00 Men's Lunch 1:00 Movie "Mary Poppins Returns" -Motown Theatre 4:45 Dinner	27 8:00 Hot Breakfast! 10:00 Coffee & Conversation 10:45 Music with Karen In Waltz 11:00 Exercise 11:45 Lunch 1:30 Bingo Social 4:45 Dinner	28 Everactive with Centrex Rehab: 10:00 Swing 11:00 Waltz 11:45 Lunch 12:30 Worship Service with Pastor George! 1:00 Coffee & Cookies 2:00 Manicures 4:45 Dinner	29 10:00 Coffee & Conversation 11:00 Exercise 11:45 Lunch 2:00 Happy Hour 4:45 Dinner 6:00 Movie and Popcorn- RA led	30 10:00 Coffee & Conversation 11:45 Lunch 1:30 Bingo 3:00 Board Games 4:45 Dinner 6:00 Movie & Popcorn - RA Led
31 RA Led Activities Newspaper Reading -Coffee & Conversation 11:45 Lunch -Movie Matinee 4:45 Dinner	<h2>March Birthdays</h2>					
<h3>3/8 Happy Birthday to Violet W!</h3>						