



| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|---|---|---|---|--|
|    | <b>Lunch 1</b><br>Loaded Caesar Salad W/ Cup of Tomato Dumpling Soup<br>Dinner Roll<br><br><b>Dinner</b><br>Boneless BBQ Ribs<br>Steamed Peas<br>Baked Potato W/ Sour Cream                                    | <b>Lunch 2</b><br>Grilled Patty Melt Sandwich<br>Fresh Mixed Fruit<br>French Fries<br><br><b>Dinner</b><br>Red Wine Beef Roast<br>Buttered Beets<br>Mashed Potatoes & Gravy                     | <b>Lunch 3</b><br>Turkey Burger W/ Lettuce Tomato Onion Pears<br>Potato Salad<br><br><b>Dinner</b><br>Grilled Chicken Breast<br>Baked Mac N' Cheese<br>Green Beans W/ Onions & Bacon                                | <b>Lunch 4</b><br>Buttermilk Pancakes W/ Maple Syrup<br>Sausage Links<br>Fresh Mixed Fruit<br><br><b>Dinner</b><br>Beef Lasagna<br>Side Salad<br>Garlic Roll                    | <b>Lunch 5</b><br>Gourmet Chicken Salad on a Croissant<br>Rosemary French Fries<br><br><b>Dinner</b><br>Baked Cod W/ Lemon & Tartar Sauce<br>Steamed Mixed Vegetables<br>Mashed Sweet Potatoes  | <b>Lunch 6</b><br>State Fair Corn Dog<br>Fresh Mixed Grapes<br>Potato Wedges<br><br><b>Dinner</b><br>Beef & Potato Casserole<br>Honey Butter Carrots<br>Dinner Roll                        |
|   | <b>Lunch 7</b><br>Pulled Pork Sandwich W/ Side of BBQ Sauce<br>Creamy Fruit Salad<br>Potato Chips<br><br><b>Dinner</b><br>Tomato Basil Soup<br>Cheesy Garlic Toast<br>Side Salad W/ Choice of Dressing         | <b>Lunch 8</b><br>Crispy Chicken Strips W/ Honey Mustard<br>Mixed Vegetables<br>Tater Tots<br><br><b>Dinner</b><br>Beef & Cabbage Casserole in Tomato Sauce<br>Steamed Peas<br>Dinner Roll      | <b>Lunch 9</b><br>Ham & Cheese Quiche<br>Fresh Mixed Fruit<br>Roasted Potatoes<br><br><b>Dinner</b><br>Spaghetti W/ Meat Sauce<br>Garlic Toast<br>Side Salad W/ Choice of Dressing                                  | <b>Lunch 10</b><br>Chicken A La King over a Biscuit<br>Pear Sauce<br><br><b>Dinner</b><br>Slow Cooked Pork Chop W/ Cranberry Apple Chutney<br>Scalloped Potatoes<br>Green Beans | <b>Lunch 11</b><br>Soft Shell Beef Tacos W/ Fixings<br>Refried Beans<br>Fresh Mixed Fruit<br><br><b>Dinner</b><br>Apricot & Rosemary Glazed Chicken Legs<br>Herbed Potatoes<br>Chilled 3 Bean Salad   | <b>Lunch 12</b><br>Lemon Butter & Herb Buttered Salmon<br>Mixed Vegetables<br>Mixed Rice Pilaf<br><br><b>Dinner</b><br>Homemade Beef Stew<br>Fresh Mixed Fruit<br>Garlic Roll              |
| <b>Lunch 14</b><br>Cinnamon French Toast<br>Sausage Links<br>Fresh Orange Slices & Grapes<br><br><b>Dinner</b><br>Hamburger Steak W/ Onion Gravy<br>Steamed Peas<br>Mashed Potatoes & Gravy                                 | <b>Lunch 15</b><br>Ham & Bean Soup or Soup of the Day<br>Creamy Cranberry Salad<br>Dinner Roll<br><br><b>Dinner</b><br>Boneless BBQ Ribs<br>Creamy Coleslaw<br>Baked Beans<br>Honey Glazed Conbread            | <b>Lunch 16</b><br>Beef Goulash<br>Mixed Vegetables<br>Garlic Toast<br><br><b>Dinner</b><br>Herb Baked Chicken Legs<br>Classic Herb Stuffing<br>Buttered Corn                                   | <b>Lunch 17</b><br>Chicken Wild Rice Hotdish<br>Italian Blend Vegetables<br>Dinner Roll<br><br><b>Dinner</b><br>Rosemary Roast Green Beans<br>Mashed Potatoes & Gravy   | <b>Lunch 18</b><br>Sloppy Joe on a Bun<br>Fresh Mixed Fruit<br>French Fries<br><br><b>Dinner</b><br>Hot Beef Commercial Sandwich W/ Mashed Potatoes & Gravy<br>Steamed Carrots  | <b>Lunch 19</b><br>Cheeseburger on a Bun<br>Corn on the Cob<br>Creamy Pasta Salad<br><br><b>Dinner</b><br>Baked Cod W/ Lemon & Tartar Sauce<br>California Blend Vegetables<br>Baked Potato W/ Sour Cream  | <b>Lunch 20</b><br>Ham Salad Sandwich<br>Potato Wedges<br>Summer Broccoli Salad<br><br><b>Dinner</b><br>Swiss Steak in Tomato Sauce<br>Buttered Egg Noodles<br>Steamed Peas                |
| <b>Lunch 21</b><br>Biscuits & Country Sausage Gravy<br>Fresh Mixed Fruit<br><br><b>Dinner</b><br>Pineapple Galzed Ham<br>Steamed Carrots<br>Au Gratin Potatoes  | <b>Lunch 22</b><br>Tater Tot Hotdish<br>Chilled Pea Salad<br>Dinner Roll<br><br><b>Dinner</b><br>Peach Bourbon Pork Chop<br>Mixed Vegetables<br>Mixed Rice Pilaf   | <b>Lunch 23</b><br>Grilled Deli Turkey & Swiss Sandwich<br>Creamy Cranberry Salad<br>Onion Rings<br><br><b>Dinner</b><br>Salisbury Steak<br>Green Beans<br>Almondine<br>Mashed Potatoes & Gravy | <b>Hot Breakfast 24</b><br><b>Lunch</b><br>Chicken Fajitas W/ Peppers & Onions on a Tortilla<br>Fresh Fruit<br><br><b>Dinner</b><br>Chicken & Cheese Manicotti W/ Alfredo Sauce<br>Brussels Sprouts<br>Garlic Toast | <b>Lunch 25</b><br>BLT Sandwich<br>French Fries<br>Fresh Fruit<br><br><b>Dinner</b><br>Homemade Swedish Meatballs<br>Herb Buttered Peas & Onions<br>Mashed Potatoes & Gravy     | <b>Lunch 26</b><br><a href="#">Minnesota Wild Rice Burger</a><br><a href="#">Cheese Curds</a><br><a href="#">Corn on the Cob</a><br>MN STATE FAIR DAY<br><br><b>Dinner</b><br><a href="#">Beer Battered Walleye</a><br><a href="#">Dilly Cucumber Salad</a><br><a href="#">Baked Potato W/ Sour Cream</a> | <b>Lunch 27</b><br>Grilled Cheese Sandwich<br>Tomato Soup<br>Fresh Mixed Fruit<br><br><b>Dinner</b><br>Smoked Sausage W/ Apples<br>California Blend Vegetables<br>Buttered Mashed Potatoes |
| <b>Lunch 28</b><br>Egg Salad Sandwich on Choice of Bread<br>Tropical Fruit Salad<br>French Fries<br><br><b>Dinner</b><br>Italian Chicken In Hearty Tomato Sauce over Pasta<br>Italian Blend Vegetables<br>Garlic Breadsitck | <b>Lunch 29</b><br>Homemade Beef Chili<br>Honey Glazed Cornbread<br>Side Salad W/ Choice of Dressing<br><br><b>Dinner</b><br>Baked Pork Chop W/ Sauted Mushrooms & Onions<br>Buttered Beets<br>Herbed Potatoes | <b>Lunch 30</b><br>Pepperoni Pizza<br>Creamy Cucumber Salad<br><br><b>Dinner</b><br>Homemade Meatloaf<br>Steamed Peas & Carrots<br>Mashed Potatoes & Gravy                                      | <b>Lunch 31</b><br>Cinnamon French Toast<br>Crispy Bacon<br>Fresh Fruit<br><br><b>Dinner</b><br>Grilled BBQ Chicken Breast<br>Creamy Coleslaw<br>French Fries   |    | <b>Assorted Desserts &amp; Ice Cream Served Daily at both meals</b>   |   |

**Lunch Alternatives:** Peanut Butter & Jelly Sandwich, Egg Salad Sandwich, Ham Salad Sandwich, Soup of the day & Dinner Salad, Potato Chips  
**Dinner Alternatives:** Baked Chicken Breast\*\* Limited, Hamburger or Cheeseburger \*\* Limited, Soup of the day & Dinner Salad, Potato Chips