

Bel Rae Senior Living Calendar

November

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>HOT BREAKFAST EVERY WEDNESDAY!!</p>	<p>LUNCH Grilled Cheese Tomato Soup Onion rings</p> <p>DINNER Beef Pot Roast Mashed Potatoes & gravy Mixed Vegetables</p>	<p>LUNCH Deli Turkey Bacon On a croissant French fries Pickle</p> <p>DINNER Italian Sausage w/peppers & onions Roasted red potatoes Buttered corn</p>	<p>LUNCH Grilled Rubeen Sandwich French fries Pickle spear</p> <p>DINNER Chicken fried steak Mashed potatoes w/gravy Buttered Carrots</p>	<p>LUNCH Bacon Cheeseburger Lettuce & tomato Baked beans Potato salad</p> <p>DINNER Chicken Marsala Mashed Potatoes Mixed vegetables</p>	<p>LUNCH Mandarin orange chicken salad Breadstick</p> <p>DINNER Lemon Pepper Crusted Tilapia Rice pilaf Buttered Carrots</p>	<p>LUNCH Egg Salad sandwich Cucumber & tomato Salad Chips</p> <p>LUNCH Chicken pot pie Side salad w/choice of dressing</p>
7	8	9	10	11	12	13
<p>LUNCH French toast Bacon Fresh berries</p> <p>DINNER Baked Ham Mashed Sweet Potatoes Green beans</p>	<p>LUNCH Sloppy joes Tater tots Fresh fruit</p> <p>DINNER Stuffed Peppers Roasted Potatoes Dinner roll</p>	<p>LUNCH Taco salad Sour cream & Salsa Tortilla chips</p> <p>DINNER Demi glazed Chicken Roasted red potatoes Buttered Carrots</p>	<p>LUNCH Pizza Caesar salad Breadstick</p> <p>DINNER Roasted Turkey Stuffing w/gravy Green Beans Cranberries</p>	<p>LUNCH Tuna melt sliders French fries Fresh fruit</p> <p>DINNER Salisbury steak Mashed potatoes & Gravy Mixed vegetables</p>	<p>LUNCH Chicken & Dumplings Side salad w/choice of dressing</p> <p>DINNER Roasted Citrus Salmon Roasted Red potatoes Brussel Sprouts</p>	<p>LUNCH Deli Sandwich Potato Chips Pickle</p> <p>DINNER Chicken cordon bleu Mashed potatoes w/gravy Steamed broccoli</p>
14	15	16	17	18	19	20
<p>LUNCH Scrambled Eggs Bacon Hash brown Patty Orange slices</p> <p>DINNER Tuna Noodle Casserole Dinner roll</p>	<p>LUNCH Grilled ham & cheese French fries Fresh fruit</p> <p>DINNER Homemade Meatloaf Mashed Potatoes Green Beans</p>	<p>LUNCH Chicken Tenders French fries Fresh fruit</p> <p>DINNER Loaded mac & cheese Mixed vegetables Garlic Toast</p>	<p>LUNCH Hot dog Baked Beans Pasta salad</p> <p>DINNER Oven Roasted Pork Roasted Potatoes Buttered Peas</p>	<p>LUNCH Philly Cheesesteak Tater tots Pickle Spear</p> <p>DINNER Chicken Parmesan Over pasta Garlic toast</p>	<p>LUNCH French dip Rosemary French fries Pickle</p> <p>DINNER Potato crusted cod Rice pilaf Brussel sprouts</p>	<p>LUNCH Grilled turkey & Swiss Onion rings Fresh fruit</p> <p>DINNER Chicken Kiev Wild Rice Pilaf Zucchini</p>

<p style="text-align: right;">21</p> <p>LUNCH Loaded egg bake Hash brown patty Fresh fruit</p> <p>DINNER Creamy Chicken & Broccoli Casserole Breadstick</p>	<p style="text-align: right;">22</p> <p>LUNCH BBQ pulled pork sandwich Broccoli slaw Chips</p> <p>DINNER Spaghetti w/meat sauce Garlic toast</p>	<p style="text-align: right;">23</p> <p>LUNCH Chili Side salad w/choice of dressing Cornbread muffin</p> <p>DINNER Swedish meatballs Over pasta Mixed vegetables Garlic toast</p>	<p style="text-align: right;">24</p> <p>LUNCH BLT on a croissant French Fries Pickle spear</p> <p>DINNER Shepherd's Pie Dinner Roll</p>	<p style="text-align: right;">25</p> <p>THANKSGIVING MEAL @ LUNCH</p> <p>DINNER Deli sandwich Chips pickle</p>	<p style="text-align: right;">26</p> <p>LUNCH Fish & chips Coleslaw</p> <p>DINNER Chicken Marsala Mashed Potatoes Mixed vegetables</p>	<p style="text-align: right;">27</p> <p>LUNCH Chicken patty on a bun Potato salad Chips</p> <p>DINNER Cracker crusted chicken Mashed potatoes w/gravy Buttered corn</p>
<p style="text-align: right;">28</p> <p>LUNCH Pancakes Sausage Fresh Fruit</p> <p>DINNER Tater tot hotdish Dinner roll</p>	<p style="text-align: right;">29</p> <p>LUNCH Steak fajita salad Lime cilantro rice Chips & Salsa</p> <p>DINNER Oven baked chicken Roasted red potatoes Asparagus</p>	<p style="text-align: right;">30</p> <p>LUNCH Grilled Mushroom & Swiss burger French fries Pickle spear</p> <p>DINNER Italian sausage Tortellini Bake Garlic toast</p>				