Bel Rae Senior Living Calendar

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch Pulled Pork Sandwich W/ Side of BBQ Sauce Potato Chips Creamy Fruit Salad	Lunch Crispy Chicken Strips W/ Honey Mustard Dipping Sauce Potato Wedges Mixed Vegetables Dinner	Lunch Ham & Cheese Quiche Roasted Potatoes Fresh Mixed Fruit Dinner Spaghetti W/ Meat	Lunch Chicken A La King Over a Fresh Baked Biscuit Pear Sauce Dinner	Cinco De Mayo Lunch Taco Salad W/ Beef or Grilled Chicken Refired Beans Fresh Mixed Fruit	Lunch Lemon Butter & Herb Baked Salmon Mixed Rice Pilaf Steamed Mixed Vegetables	Lunch Chilled Tuna Pasta Salad Watermelon Cup Dinner Roll Dinner
Dinner Tomato Basil Soup Cheesy Garlic Toast Side Salad W/ Choice of Dressing	Beef & Cabbage Casserole in Tomato Sauce Steamed Peas Dinner Roll	Sauce Garlic Toast Side Salad W/ Choice of Dressing	Slow Cooked Pork Chop topped W/ Cranberry Apple Chutney Scalloped Potatoes Green Beans	Dinner Apricot Rosemary Glazed Chicken Legs Herbed Potatoes Chilled 3 Bean Salad	Dinner Homemade Beef Stew Fresh Mixed Fruit Fresh Baked Garlic Roll	Chicken Chow Mein Steamed Rice California Blend Vegetables
Mother's Day Lunch Cinnamon French Toast Sausage Links Fresh Mixed Berries	P Lunch Homemade Ham & Bean Soup Creamy Cranberry Salad Garlic Bread	Lunch Beef Goulash Mixed Vegetables Dinner Roll	Lunch Chicken Wild Rice Hotdish Italian Blend Vegetables Dinner Roll	Lunch Sloppy Joe on a Bun Creamy Pasta Salad Fresh Mixed Fruit	Lunch 3 Cheese Ravioli W/ Ham & Parmesan Cream Sauce California Blend Vegetables	Lunch Ham Salad Sandwich Potato Chips Chopped Broccoli Salad
Dinner Hamburger Steak W/ Onion Gravy Mashed Potatoes Steamed Peas	Dinner Boneless BBQ Ribs Creamy Coleslaw Baked Beans Honey Glazed Cornbread	Dinner Herb Baked Chicken Legs Classic Herb Stuffing Buttered Corn	Dinner Rosemary Roast Pork Chop Green Beans Mashed Potatoes W/ Gravy	Dinner Hot Beef Commercial Sandwich W/ Mashed Potatoes & Gravy Steamed Carrots	Dinner Baked Cod W/ Lemon & Tartar Sauce Steamed Asparagus Baked Potato W/ Sour Cream	Dinner Swiss Steak W/ Hearty Tomato Sauce Buttered Egg Noodles Steamed Peas
15	16	17	18	19	20	21
Lunch	Lunch Tater Tot	Lunch Grilled Turkey &	Lunch	Lunch	Lunch	Lunch Creamy Mac N'
Chipped Beef Over a Fresh Baked Biscuit	Hotdish	Swiss Sandwich	Orange Glazed Grilled Chicken	Scrambled Eggs	Mushroom & Swiss Burger	Cheese
Tropical Fruit	Chilled Pea Salad Dinner Roll	Creamy Cranberry Salad Potato Chips	Breast Mixed Rice Pilaf Steamed Broccoli	Sausage Links O'Brian Breakfast Potatoes	Creamy Fruit Salad Potato Salad	Fresh Mixed Fruit Breadstick
Dinner Pineapple Glazed Ham Au Gratin Potatoes Peas & Carrots	Dinner Peach Bourbon Pork Chop Mixed Vegetables Buttered Mashed Potatoes	Dinner Salisbury Steak Green Beans Almondine Mashed Potatoes W/ Gravy	Dinner Chicken & Cheese Manicotti W/ Creamy Alfredo Sauce Side Salad	Dinner Homemade Swedish Meatballs Mashed Potatoes W/ Gravy Herb Buttered Peas with Onions	Dinner Beer Battered Walleye Steamed Brussels Sprouts Baked Potato W/ Sour Cream	Dinner Homemade Beef Chili Honey Glazed Cornbread
Lunch Egg Salad Sandwich on Wheat Bread Fresh Mixed Fruit French Fries	Lunch Creamy Chicken Wild Rice Soup Cranberry Apple Salad Dinner Roll	Lunch Grilled Chicken Breast Italian Pasta Salad Dinner Roll	Lunch Buttermilk Pancakes W/ Warm Syrup Bacon Fresh Fruit Compote	Lunch Grilled Cheese Sandwich on White Bread Tomato Soup or Soup of the Day Fresh Mixed Grapes	Lunch Coconut Shrimp W/ Orange Dipping Sauce Twice Baked Potato Steamed Broccoli W/ Cheese Sauce	Lunch Chinese Orange Chicken Pasta Salad Breadstick
Dinner Italian Chicken in Hearty Tomato Sauce over Pasta Italian Blend Vegetables Breadstick	Dinner Homestyle Meatloaf Steamed Peas & Carrots Mashed Potatoes W/ Gravy	Dinner Baked Pork Chop topped W/ Sautéed Mushrooms & Onions Buttered Beets Herbed Potatoes	Dinner Pepperoni Pizza Strawberry Spinach Salad W/ Poppyseed Dressing	Dinner Roast Beef W/ Potatoes & Carrots Dinner Roll	Dinner Beef & Vegetable Lasagna Side Salad W/ Choice of Dressing Garlic Breadstick	Dinner Ham & Scalloped Potato Casserole Mixed Vegetables Dinner Roll
Lunch Ham & Cheese Egg Bake W/ Hollandaise Sauce Sausage Links Hashbrown Patty	30 Memorial Day Lunch California Burger W/ Lettuce, Tomato & Onion Potato Salad Baked Beans	Lunch Crispy Fried Cod Creamy Coleslaw Mashed Sweet Potatoes				
Dinner Creamy Beef Noodle Casserole Green Beans Dinner Roll	Dinner Smoked Bratwurst on a Bun W/ Sauerkraut Fresh Mixed Fruit Potato Chips	Dinner Southwest Glazed Meatballs in Tomato Sauce California Blend Vegetables Dinner Roll				

Daily Alternative Menu: Soup of the day served with Garden Salad choice of dressing & Dinner Roll Appetizers vary daily and are served with both meals