



11124 183rd Circle NW
Elk River, MN 55330

If any resident family members would like to start a family Council, please contact Darlene Anderson, Life Enrichment Director at 763-595-1895

Essential Beauty Salon
Here at Elk River Senior Living
Call for appointment at
651-302-5644



 [Facebook.com/ElkRiverSeniorLiving](https://www.facebook.com/ElkRiverSeniorLiving)

To see all the upcoming activities that are planned and pictures from previous activities.



Humor is the Best
Medicine



September 2022

Elk River Senior Living News

Elk River Senior Living * 11124 183rd Circle NW Elk River, MN 55330 * 763-276-7076

We are at your service!

Brittney Snegosky
Executive Director

Shari Kish-Neal
Director of Nursing

Heather Pollari
RN Nurse Manager

Brianna Steinhaus
RN Nurse Manager

Jane Edmundson
Marketing Director

Darlene Anderson
Life Enrichment Director
Newsletter & Calendar Creator

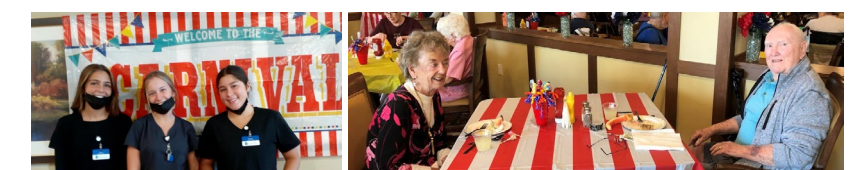
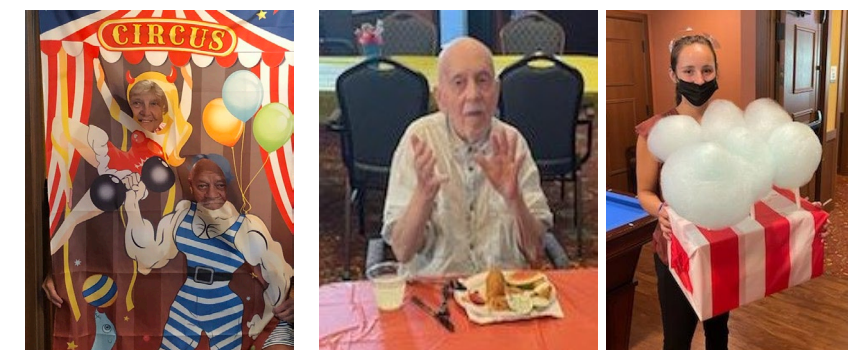
Jeremy Schouveller
Culinary Director

Josh Halvorson
Maintenance Director

Anna Johnson
Assistant Office Manager



ERSL 4th Anniversary Carnival



Happy Birthday to our September Birthday's



9/5 Jane M.
9/8 Cindy P.
9/13 Rosie B.
9/16 Pat B.
9/18 Fred B.

9/19 Ben P.
9/21 Etta V.
9/24 Mary C.
9/25 Katie R.

*Our Monthly Birthday Party will be held on
September 23rd at 2:00*

In astrology, those born from September 1–22 are Virgo's virgins. Often symbolized by the goddess of agriculture, Virgos are deeply connected to the material world. They are logical, practical, and aware of every detail. Those born from September 23–30 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Libras often surround themselves with tasteful art objects and designs that create balanced environments.

Let's Go! September Outings!

***Every Wednesday, Shopping at Walmart**

9/1 ER Farmer's Market

9/8 & 9/22 Scenic Drive & Treat for Elk Lodge Res.

9/13 Lunch Bunch to Biaggi's

9/27 Lunch & Shopping at Apple Jack Orchard

Please sign up in the Sign-up book located
in the Bistro



Music Entertainment for September

9/2 Jerry Fisher

9/5 Gabe Dalhoff

9/9 Wayne & Helen Pikal with Phil deRosier

9/16 Mike Larson

9/23 Cathie English

9/30 Sunny VanBrocklin

See Activity Calendar for times and locations



Congratulations goes out to Josh H. Maintenance Director and his wife, Ashley on the new addition to their family, Camden Suzanne H.! Pictured with Camden is her siblings, Lily, Mia and Grady.



Celebrated September 17–October 3, 2022

*Join us on September 16th at 2:00
Accordion music by Mike Larson
Beer, Pretzels & Cheese!*

Oktoberfest, annual festival in Munich, Germany, held over a two-week period. The festival originated in 1810, in celebration of the marriage of the crown prince of Bavaria, who later became King Louis I, to Princess Therese von Sachsen-Hildburghausen.



Outing for lunch and shopping, September 27th.

Sign up in the Bistro



Flu Vaccine Clinic

Here at ERSL for residents and staff on
September 14th 9:00 to 12:00
Held in the Craft Room on 2nd floor.
Sign up forms available at the front desk

Blood Pressure checks available at no charge on the 2nd Thursday of each month at 12:30 in the community room.



If you're interested in being seen by the Podiatrist, please sign up at the front desk.



Apple Tree Dental provides in-house dental care for residents. If you're interested in a future appointment, please sign up at the front desk.



"Understanding the Long-Term Care Insurance Claim Process"

Community Education Opportunity
September 22nd at 12:30
In the Community Room
Offered by: Greg Getchell,
Owner at Amada Senior Care

The Life Enrichment Department has computer tablets that can be checked out by residents to use. The Life Enrichment Office is located in the office off the library.



Once they move in, you both receive \$1000. Deduction for one month's rent! Please share your referral with Jane E, Marketing Director.

September Employee of the Month



Is Mary Ann Mulvihill

Mary Ann has worked in the Life Enrichment Department for 3 years.

Mary Ann has been married for 37 years, has 2 daughters and 6 grandchildren. She loves to spend time with her family and in her spare time she enjoys snowmobiling, 4 wheeling and boating.

Mary Ann says she truly loves coming to work every day, it makes her heart happy.

Congratulations Mary Ann, you brighten the resident's and co-workers' day.



**Rosh Hashanah 2022
will begin in the
evening of, Sunday,
September 25th**