

# Bel Rae Dining Calendar January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Lunch 1</div> <div>Grilled Roast Beef &amp; Cheddar Sandwich 3 Bean Salad Potato Chips</div> <div>Dinner</div> <div>Boxed Meal Delivered Soup Deli Sandwich Chips &amp; Dessert</div>	<div>Lunch 2</div> <div>Turkey Divan over Egg Noodles Italian Blend Vegetables</div> <div>Dinner</div> <div>Roast Beef Green Beans Mashed Potatoes W/ Gravy</div>	<div>Lunch 3</div> <div>Asian Chicken Dinner Salad Pears Dinner Roll</div> <div>Dinner</div> <div>Lemon Butter Baked Salmon Rice Pilaf Country Blend Vegetables</div>	<div>Lunch 4</div> <div>BLT Sandwich on White Bread Homemade Chicken Noodle Soup</div> <div>Dinner</div> <div>Tomato Glazed Meatloaf Roasted Red Potatoes Buttered Corn</div>	<div>Lunch 5</div> <div>Mushroom Swiss Burger French Fries Fresh Fruit</div> <div>Dinner</div> <div>Oven Fried Chicken Homemade Mac N' Cheese Green Beans</div>	<div>Lunch 6</div> <div>Beef Goulash Mixed Vegetables Dinner Roll</div> <div>Dinner</div> <div>Breaded Shrimp Buttered Beets Baked Potato W/ Sour Cream</div>	<div>Lunch 7</div> <div>Tater Tot Hotdish Fresh Fruit Dinner Roll</div> <div>Dinner</div> <div>Smoked Sausage W/ Apples Mashed Potatoes Steamed Peas</div>
<div>Lunch 8</div> <div>Pulled Pork Sandwich Potato Chips Creamy Fruit Salad</div> <div>Dinner</div> <div>Ham &amp; Scalloped Potato Casserole Glazed Carrots Dinner Roll</div>	<div>Lunch 9</div> <div>Chicken Wild Rice Hotdish Peaches &amp; Cottage Cheese Dinner Roll</div> <div>Dinner</div> <div>Hamburger Steak W/ Fried Onions Mashed Potatoes &amp; Gravy Brussels Sprouts</div>	<div>Lunch 10</div> <div>Beef Chili Cornbread Pears</div> <div>Dinner</div> <div>Roast Pork Loin Mashed Sweet Potatoes Green Bean Casserole</div>	<div>Lunch 11</div> <div>Crispy Chicken Sandwich W/ Lettuce Tomato &amp; Onion Creamy Pasta Salad</div> <div>Dinner</div> <div>Spaghetti W/ Meat Sauce Tequilaberry Salad Garlic Bread</div>	<div>Lunch 12</div> <div>Ham &amp; Bean Soup Creamy Cranberry Salad Dinner Roll</div> <div>Dinner</div> <div>Chicken Fajitas Sauteed Peppers &amp; Onions Spanish Rice Fresh Fruit</div>	<div>Lunch 13</div> <div>Cinnamon French Toast Sausage Links Creamy Fruit Salad</div> <div>Dinner</div> <div>Crispy Cod Mixed Vegetables Baked Potato W/ Sour Cream</div>	<div>Lunch 14</div> <div>Grilled Cheese Sandwich Tomato Soup Fresh Fruit</div> <div>Dinner</div> <div>Chicken Broccoli Alfredo over Pasta Breadstick</div>
<div>Lunch 15</div> <div>Ham &amp; Cheese Egg Bake Hashbrown Patty Fresh Orange Slices</div> <div>Dinner</div> <div>Bourbon Glazed Salmon Roasted Red Potatoes Brussels Sprouts</div>	<div>Lunch 16</div> <div>Chicken Wild Rice Soup 3 Bean Salad Dinner Roll</div> <div>Dinner</div> <div>Salisbury Steak Mashed Potatoes &amp; Gravy Steamed Peas</div>	<div>Lunch 17</div> <div>Loaded Chicken Caesar Salad Peaches Garlic Bread</div> <div>Dinner</div> <div>Boneless BBQ Ribs Scalloped Potatoes Creamy Coleslaw</div>	<div>Lunch 18</div> <div>Pepperoni &amp; Sausage Pizza Mandarin Oranges</div> <div>Dinner</div> <div>Beef &amp; Mushroom Stroganoff over Egg Noodles Green Beans</div>	<div>Lunch 19</div> <div>Chicken Salad Croissant Sandwich French Fries Fresh Fruit</div> <div>Dinner</div> <div>Beef Lasagna Italian Blend Vegetables Breadstick</div>	<div>Lunch 20</div> <div>Vegetable Beef Soup Creamy Fruit Salad Dinner Roll</div> <div>Dinner</div> <div>Brown Sugar Baked Ham Au Gratin Potatoes California Blend Vegetables</div>	<div>Lunch 21</div> <div>Chicken Strips W/Dipping Sauce Tater Tots Chopped Broccoli Salad</div> <div>Dinner</div> <div>Swiss Steak in Tomato Sauce Egg Noodles Mixed Vegetables</div>
<div>Lunch 22</div> <div>Hamburger Rice Hotdish Steamed Peas Dinner Rill</div> <div>Dinner</div> <div>Chicken Chow Mein Steamed Rice Peaches &amp; Cottage Cheese</div>	<div>Lunch 23</div> <div>Tuscan Chicken Pasta Bake Garlic Bread</div> <div>Dinner</div> <div>Lemon Pepper Tilapia Herb Buttered Potatoes Glazed Carrots</div>	<div>Lunch 24</div> <div>Hotdog on a Bun Potato Wedges Pears</div> <div>Dinner</div> <div>Smothered Pork Chop Fried Cabbage Candied Yams</div>	<div>Lunch 25</div> <div>Chicken A La King over a Biscuit Tropical Fruit</div> <div>Dinner</div> <div>Chicken Bacon Mac N' Cheese Steamed Broccoli</div>	<div>Lunch 26</div> <div>California Burger W/ Lettuce Tomato &amp; Onion Onion Rings</div> <div>Dinner</div> <div>Herb Roasted Chicken Legs Roasted Red Potatoes Mixed Vegetables</div>	<div>Lunch 27</div> <div>Bacon &amp; Cheese Quiche Hashbrown Casserole Fresh Fruit</div> <div>Dinner</div> <div>Swedish Meatballs Green Beans Mashed Potatoes</div>	<div>Lunch 28</div> <div>Beef Soft Tacos W/ Fixings Refried Beans Peaches</div> <div>Dinner</div> <div>Beef &amp; Barley Soup 3 Bean Salad Dinner Roll</div>
<div>Lunch 29</div> <div>Buttermilk Pancakes Bacon Fresh Fruit</div> <div>Dinner</div> <div>Chicken &amp; Mushroom Marsala Cranberry Rice Pilaf Italian Vegetables</div>	<div>Lunch 30</div> <div>Tater Tot Hotdish Tropical Fruit Dinner Roll</div> <div>Dinner</div> <div>Roast Turkey W/ Gravy Herb Stuffing Buttered Corn Cranberry Sauce</div>	<div>Lunch 31</div> <div>Tuna Melt Sandwich Cottage Cheese &amp; Peaches Potato Chips</div> <div>Dinner</div> <div>Chicken Gravy over Mashed Potatoes Steamed Peas</div>	<div>February 1</div> <div>Lunch</div> <div>Split Pea &amp; Ham Soup Fresh Baked Biscuit Creamy Fruit Salad</div> <div>Dinner</div> <div>Homestyle Meatloaf Mashed Potatoes &amp; Gravy Peas &amp; Carrots</div>	<div>Lunch 2</div> <div>Bacon Cheeseburger Potato Wedges Fresh Fruit</div> <div>Dinner</div> <div>Grilled BBQ Chicken Breast Green Beans Baked Potato W/ Sour Cream</div>	<div>Lunch 3</div> <div>Brat on a Bun Side of Sauerkraut Baked Beans French Fries</div> <div>Dinner</div> <div>Baked Ziti Pasta Tequilaberry Salad Garlic Bread</div>	<div>Lunch 4</div> <div>Hot Ham &amp; Cheese Sandwich Fresh Fruit Potato Salad</div> <div>Dinner</div> <div>Smoked Sausage W/ Apples Mashed Potatoes Mixed Vegetables</div>

**Lunch Alternatives:** Peanut Butter & Jelly, Egg Salad, & Ham Sandwiches, Chef Salad, Soup of the Day, Pancakes, Potato Chips  
**Dinner Alternatives:** Baked Chicken Breast\*\* LIMITED, Hamburger / Cheeseburger\*\* LIMITED, Soup of the Day, Chef Salad, Pancakes, Potato Chips