

Bel Rae Senior Living

May 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt	Hot Breakfast Served 2nd and 4th Wed Bacon, Sausage, Eggs, Hashbrowns and Pancakes All meals are subject to change with proper notice	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during meal times	Breakfast: 1 Continental Breakfast Noon Grilled Cheese Tomato Soup Evening Chicken Cacciatore Risotto Sauteed Spinach	Breakfast: 2 Continental Breakfast Noon Chicken Caprese Salad Dinner Roll Evening Braised Pork Chops Roasted Red Potatoes Green Beans	Breakfast: 3 Continental Breakfast Noon Tater Tot Hot Dish Dinner Roll Evening Buttermilk Fried Chicken Mashed Potatoes/ Gravy Corn	Breakfast: 4 Continental Breakfast Noon Ham Salad Sandwich Chips & Fruit Evening BBQ Beef Brisket Baked Beans Coleslaw
Breakfast: 5 Continental Breakfast Noon Chicken Enchiladas Spanish Rice & Corn Evening Roast Beef Deli Sandwich Pasta Salad Fresh Fruit	Breakfast: 6 Continental Breakfast Noon Seafood Salad Croissant Fresh Fruit Evening Raspberry Glazed Pork Loin Sweet Potatoes Asparagus	Breakfast: 7 Continental Breakfast Noon Gyro Sandwich Broccoli Salad Evening Roasted Bone-In Chicken Baked Potato Green Beans Almondine	Breakfast: 8 Hot Breakfast Noon Beer Bratwurst Onion Rings Evening Beef Lo Mein Stir Fry Vegetables Pot Stickers	Breakfast: 9 Continental Breakfast Noon Fruit & Nut Salad with Chicken Dinner Roll Evening Fish & Chips Coleslaw	Breakfast: 10 Continental Breakfast Noon Patty Melt French Fries Evening Pork Ribeye Roasted Potatoes Roasted Cauliflower Medley	Breakfast: 11 Continental Breakfast Noon Chicken Tenders Rosemary Fries & Fruit Evening Spaghetti & Meatballs Garlic Bread Vegetables
Breakfast: 12 Continental Breakfast Noon Mother's Day Brunch Evening Turkey Pasta Salad Mini Croissant Fresh Fruit	Breakfast: 13 Continental Breakfast Noon Egg & Tuna Salad on Greens Fresh Fruit Evening Chicken Alfredo Garlic Bread Caesar Salad	Breakfast: 14 Continental Breakfast Noon French Dip Waffle Fries Evening Teriyaki Pork Shanks Korean Fried Rice Asian Vegetables	Breakfast: 15 Continental Breakfast Noon Chicken Fajita Salad Evening Beef Stroganoff Egg Noodles Steamed Carrots	Breakfast: 16 Continental Breakfast Noon Italian Hoagie Side Salad Evening Lemon Chicken Brown Rice Broccoli	Breakfast: 17 Continental Breakfast Noon Breaded Cod Sandwich Chips & Coleslaw Evening BBQ Ham Steak Scalloped Potatoes Peas & Carrots	Breakfast: 18 Continental Breakfast Noon Cottage Cheese & Fruit Plate Warm Croissant Evening Chicken Parmesan Penne Pasta Italian Vegetables
Breakfast: 19 Continental Breakfast Noon Bacon Cheddar Quiche Fresh Fruit Blueberry Muffin Evening Beef Stew Diner Roll	Breakfast: 20 Continental Breakfast Noon Shrimp Po' Boy Coleslaw Evening Apple Braised Pork Roast Roasted Potatoes Squash Medley	Breakfast: 21 Continental Breakfast Noon BLT Sandwich Potato Chips Evening Citrus Grilled Salmon Pineapple Salsa Orzo Asparagus	Breakfast: 22 Hot Breakfast Noon Roasted Brussel Sprout Salad & Dinner Roll Evening BBQ Meatballs Loaded Mashed Potatoes Coleslaw	Breakfast: 23 Continental Breakfast Noon Open Faced Tuna Melt Wild Rice Salad Evening Italian Sausage Gnocchi Creamy Marinara Broccoli	Breakfast: 24 Continental Breakfast Noon Memorial Day Weekend Lunch Picnic in Dining Room Evening Coconut Shrimp Au gratin Potatoes Green Beans	Breakfast: 25 Continental Breakfast Noon Bacon Macaroni & Cheese Fresh Fruit Evening Chicken Chow Mein White Rice & Egg Roll
Breakfast: 26 Continental Breakfast Noon Lasagna Garlic Toast Vegetables Evening Chicken Salad Croissant Fresh Fruit & Chips	Breakfast: 27 Continental Breakfast Noon BBQ Ribs Baked Beans Corn on the Cob Evening Turkey Swiss Deli Sandwich Chips, Fruit, Cookie	Breakfast: 28 Continental Breakfast Noon Chicken Wild Rice Hot Dish Warm Croissant & Fruit Evening Meatloaf Mashed Potatoes & Gravy Corn	Breakfast: 29 Continental Breakfast Noon Sloppy Joes with Chips Fresh Fruit Evening Sweet & Sour Chicken Vegetable Lo Mein Spring Rolls	Breakfast: 30 Continental Breakfast Noon Fried Kielbasa Red Beans & Rice Evening Shrimp Scampi Baked Potato Vegetables	Breakfast: 31 Continental Breakfast Noon Pulled Chicken Sandwich Macaroni Salad Evening Flank Steak Twice Baked Potato Asparagus	