

Bel Rae Senior Living Dinning Calendar

July

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lunch Fried chicken Potato salad Watermelon Dinner Roasted turkey Cranberries Scalloped potatoes Brussel sprouts	2 Lunch Taco Salad Chips & Salsa Orange slices Dinner Hot dogs Potato Salad Fresh Fruit	3 Lunch Deli Sandwich Potato Chips Pickle Dinner Loaded mac & cheese Mixed vegetables Garlic Toast
4 Lunch Bacon Cheeseburger Lettuce & tomato Potato salad Tater tots Dinner Turkey pot pie Tossed salad w/choice of dressing Grapes	5 Lunch Tuscan Tortellini Pasta salad Breadstick Dinner Italian Sausage w/peppers & onions Roasted red potatoes Buttered corn	6 Lunch Avocado Ranch Chicken Salad Croissant Fresh Fruit Dinner Tuna Noodle Casserole Dinner roll	7 Hot Breakfast Lunch Ham & Cheese sliders Chips Fresh fruit Dinner BBQ Ribs Baked potato Corn on the cob	8 Lunch Philly Cheesesteak Tater tots Pickle Spear Dinner Chicken Parmesan Over spaghetti Noodles Garlic toast	9 Lunch Egg Salad sandwich Cucumber & tomato Salad Chips Dinner Lemon Pepper Crusted Tilapia Rice pilaf Buttered Carrots	10 Lunch Chili Side salad w/choice of dressing Cornbread muffin Dinner Spaghetti w/meat sauce Garlic toast
11 Lunch Scrambled Eggs Sausage Hash brown Patty Dinner Oven Roasted Pork Roasted Potatoes Buttered Peas	12 Lunch Grilled Cheese Tomato Soup Onion rings Dinner Beef Pot Roast Mashed Potatoes & gravy Mixed Vegetables	13 Lunch Deli Turkey Bacon On a croissant Chips Pickle Dinner Chicken Kiev Wild Rice Pilaf Zucchini	14 Hot Breakfast Lunch Chicken Tenders French fries Fresh fruit Dinner Chicken & Dumplings Waldorf Salad	15 Lunch Hot dog Baked Beans Pasta salad Dinner Homemade Goulash Mixed vegetables Breadstick	16 Lunch Ham & Cheese Sandwich Chips Fresh Fruit Dinner Roasted Citrus Salmon Roasted Red potatoes Brussel Sprouts	17 Lunch Grilled Tuna Melt Potato Chips Pickles Dinner Homemade Meatloaf Mashed Potatoes Green Beans

<p>18</p> <p>Lunch Chicken Quesadilla Salsa & Sour Cream Spanish Rice</p> <p>Dinner Chicken Noodle Casserole Mixed Vegetables Dinner roll</p>	<p>19</p> <p>Lunch BLT on a croissant French Fries Pickle spear</p> <p>Dinner Baked Ziti Buttered Corn Garlic Toast</p>	<p>20</p> <p>Lunch Egg Salad Sandwich Chips Fresh Fruit</p> <p>Dinner BBQ Chicken Cheesy hash browns Asparagus</p>	<p>21</p> <p>Hot Breakfast</p> <p>Lunch Grilled Hamburger Baked Beans Potato salad</p> <p>Dinner Chopped Beef over mashed potatoes & gravy Mixed vegetables</p>	<p>22</p> <p>Lunch Cranberry Chicken salad Breadstick</p> <p>Dinner Cabbage rolls Mixed Vegetables Dinner roll</p>	<p>23</p> <p>Lunch Beer Battered Fish & Chips Coleslaw</p> <p>Dinner Baked Ham Mashed Sweet Potatoes Harvard Beets</p>	<p>24</p> <p>Lunch Hot ham & cheese Tater tots Pickle spear</p> <p>Dinner Chicken Marsala Mashed Potatoes Mixed vegetables</p>
<p>25</p> <p>Lunch Biscuits & Gravy Fresh Berries</p> <p>Dinner Creamy Chicken & Broccoli Casserole Breadstick</p>	<p>26</p> <p>Lunch Ham Salad Sandwich Chips Fresh Fruit</p> <p>Dinner Herb roasted pork Scalloped potatoes Buttered corn Cranberries</p>	<p>27</p> <p>Lunch Tuscan Tortellini pasta salad Breadstick</p> <p>Dinner Open faced roast beef sandwich Mashed potatoes & gravy Buttered Carrots</p>	<p>28</p> <p>Hot Breakfast</p> <p>Lunch Deli Club Wrap Chips Fresh Fruit</p> <p>Dinner Beef & Rice Casserole Dinner roll</p>	<p>29</p> <p>Lunch Chicken Wings Carrots & Celery Sticks Onion Rings</p> <p>Dinner Stuffed Peppers Roasted Potatoes</p>	<p>30</p> <p>Lunch Corn Dogs Tater tots Grapes</p> <p>Dinner Taco Lasagna Chips & Salsa</p>	<p>31</p> <p>Lunch Chef Salad w/choice of dressing Breadstick</p> <p>Dinner Pancakes Sausage Fresh Berries</p>